



| 2026 ST. JOHNS COUNTY

DIGITAL PROGRAM

| This digital program has been designed to help you make the most of your Zero Suicide Summit experience while providing valuable information about suicide prevention efforts in St. Johns County.



2026 St. Johns County Zero Suicide Summit

Dr. Christine Cauffield

CEO LSF Health Systems



Dear Friends and Colleagues,

Welcome, and thank you for joining us at the St. Johns County Zero Suicide Summit.

Whether you are a health care provider, first responder, educator, faith leader, behavioral health professional, community partner or someone with lived experience, your presence here matters. Simply by choosing to be part of this conversation, you are helping strengthen a community that believes every life has value and every death by suicide is one too many.

As a psychologist, I have spent my career working alongside individuals and families during some of life's most difficult moments. I have witnessed incredible resilience, but I have also seen how pain can become overwhelming when people feel isolated or unable to find help. Suicide rarely affects just one individual. It leaves a lasting impact on families, friends and entire communities. That is why suicide prevention must belong to all of us.

The Zero Suicide framework reminds us that suicide is preventable when communities work together to identify risks early, respond compassionately and ensure that no one falls through the cracks. Every conversation, every connection and every opportunity to offer hope has the potential to save a life.

Here in St. Johns County, this work is especially important. According to the Florida Department of Health, the county's suicide rate was 15.3 deaths per 100,000 residents in 2024, exceeding Florida's statewide rate of 13.9 per 100,000. Behind every one of these numbers is a parent, child, spouse, friend, neighbor or colleague whose absence leaves a lasting impact on the people who loved them.

Nationally, more than 49,000 Americans died by suicide in 2023, making it one of the leading causes of death in the United States, according to data from Centers for Disease Control and Prevention (CDC) WISQARS Leading Causes of Death Reports.

Yet we also know that recovery is possible, treatment works and hope can be restored when people receive timely support and compassionate care.

That is why today's summit matters. Throughout the day, you will hear from experts, community leaders and individuals whose experiences remind us that prevention requires collaboration across every system that touches people's lives. Together, we will explore practical strategies and continue building a community where asking for help is met with understanding rather than stigma.

At LSF Health Systems, we believe that strong communities are built when behavioral health care is accessible, coordinated and centered on the dignity of every individual. We are honored to stand alongside our partners throughout Northeast Florida as we work toward a future where every person knows they are seen, supported and never alone.

Thank you for being here and thank you for your commitment to this important work. Most importantly, thank you for helping create a community where hope is stronger than despair.

With gratitude,

A handwritten signature in black ink that reads "Dr. Christine Cauffield".

Dr. Christine Cauffield

Chief Executive Officer, LSF Health Systems, Inc. | Executive Vice President, SAMH

Organized by Experts. Built for St. Johns County.

LSF Health Systems brings decades of behavioral health expertise and proven, measurable results to organize this summit - giving sponsors confidence their investment is in the most capable hands in the state.

About LSF Health Systems

As a 23-county behavioral health management organization, LSF Health Systems creates communities where every child, adult, and family has access to the behavioral health care they need to live well and be well. With more than 40 years of service, LSF is one of Florida's largest and most trusted human services organizations - serving over 60,000 individuals and families annually across the state. LSF Health Systems pursues that vision every day - developing and sustaining an integrated system of behavioral health care through a network of services built on integrity, innovation, and collaboration. This summit is not a side project. It is our mission in action.



Clinical Expertise Driving the Agenda

Every session and workshop is shaped by LSF Health's frontline experience - ensuring evidence-based, outcomes-focused programming tailored to St. Johns County's unique rapid-growth challenges.



A Proven Convener

LSF has a demonstrated history of aligning healthcare systems, government agencies, and nonprofits around shared mental health goals - including a successful summit in Jacksonville



Statewide Reach, Local Roots

LSF Health operates across 23 Florida counties with deep local relationships in St. Johns County - connecting providers, schools, veterans' groups, faith organizations, and civic leaders where they are.



Accountability Beyond the Summit

LSF Health will steward commitments after the event - tracking outcomes, reporting to sponsors, and ensuring every dollar invested translates into lasting, measurable results for the community.

40+

YEARS SERVING FLORIDA
One of FL's largest human services organizations

60K+

INDIVIDUALS SERVED ANNUALLY
Children, adults, and families statewide

23

COUNTIES COVERED
Behavioral health management across Florida

SUMMIT FOCUS AREAS

Youth & School-Based Prevention · Veteran Mental Health · Rapid-Growth Community Resilience · Faith Community Integration · Crisis Response Training (QPR / Mental Health First Aid)

St. Johns County Is Growing Faster Than Its Safety Net

Behind every death by suicide is a family shattered, a seat left empty, a neighbor gone too soon. St. Johns County is Florida's most explosive growth story - and its mental health infrastructure must be prepared to keep pace.

#1

FASTEST-GROWING COUNTY IN FL
2020–2022, Florida EDR; 27% total
growth 2020–2025

16.5

SUICIDE RATE PER 100K
Above FL's 14.4 average (FL Dept. of
Health / Talkable Communities)

175+

SELF-HARM INCIDENTS IN ONE YEAR
Hospitalizations & ED visits, FL
Department of Health

When a community grows at twice the state average, demand for mental health services surges in lockstep - but providers, school counselors, crisis centers, and community support networks often take years to catch up. In St. Johns County, that lag can cost lives. Simply put, the infrastructure that catches and cares for people in crisis must quickly scale to match the population boom.

"Population growth without proportional investment in mental health infrastructure is a recipe for a crisis hiding in plain sight."

— National Council for Mental Wellbeing, 2024

St. Johns County's rapidly expanding population of young families, military veterans, and seniors - all groups at elevated risk - are arriving into a county where mental health services are and will be vital to the success of the community. The county's prosperity masks the pain beneath the surface, making intervention harder and stigma more entrenched. New residents, without established community roots, face uniquely elevated isolation risk.

The Northeast Florida region - including St. Johns County - has already seen veteran suicides drop 25% between 2019 and 2023 through targeted intervention by The Fire Watch network. That proof of concept is powerful: when communities invest in prevention, lives are saved. This Summit is how St. Johns County makes that investment - and how your sponsorship becomes part of the solution.

THE BROADER CONTEXT

Florida's statewide suicide rate reached 14.4 per 100,000 in 2023 - 14% above the national average. St. Johns County's rate of 16.5 per 100,000 already exceeds that elevated baseline, and rapid population growth is widening the gap between need and available care every single year.



Zero Suicide - St. Johns Summit Agenda August 12th, 2026

Embassy Suites by Hilton St. Augustine Beach Oceanfront Resort
300 A1A Beach Blvd, St. Augustine, Florida 32080



SCAN HERE
**DIGITAL
PROGRAM**



- 8:00-8:45am **Registration, Breakfast, and Networking**
- 8:45-9:00am **Opening Remarks**
Dr. Christine Cauffield, *CEO LSF Health Systems*
- 9:00-9:20am **Suicide in St. Johns County: A Comparison with Florida and National Trends**
Shawna Novak, *Director, St. Johns County Health and Human Services*
Lana Sample, *Director, St Johns County Florida Department of Health*
- 9:20-10:05am **AI & Suicidality: A Clinician's Perspective on Promise, Risk, and Responsible Implementation**
David Vittoria, LCSW, MCAP, ICADC, *Chief Behavioral Health Officer at Carisk Partners*
- 10:05-10:15am **Break**
- 10:15-10:30am **Answering the Toughest Call: Mental Health in the Fire Service**
Chief Stephanie Whaley, *Section Chief Health and Wellness of St. Johns County Fire Rescue*
- 10:30-11:30am **SJSO Introduction, Sheriff Hardwick**
The Power of Listening
Kevin Briggs, *Sergeant, California Highway Patrol, Ret.*
- 11:30am-12:30pm **Lunch and Networking**
- 12:30-1:30pm **Breakout Sessions:**
- | | |
|---|--|
| The Power of Listening:
Q&A Session with Kevin Briggs
Coquina Room: First Responders Only | Every Life Matters:
The Power of Training in a ZS Approach
Samantha Lawson-Davis, <i>LSF Health Systems</i>
Anastasia Ballroom |
|---|--|
- 1:30-1:45pm **Break**
- 1:45-2:45pm **Breakout Sessions:**
- | | |
|--|--|
| When Resilience Turns Risky: Why the Strongest Need Support the Most
Dr. Tracy S. Hejmanowski, <i>Licensed Clinical Psychologist</i>
Coquina Room: First Responders Only | Hope Squad: Shifting School Culture Through Peer-Powered Suicide Prevention
Harper Spencer, MSW, LCSW, <i>School Social Worker, FBHS Hope Squad Advisor</i>
Passion Roberts, <i>FBHS Hope Squad Graduate</i>
Anastasia Ballroom |
|--|--|
- 2:45-3:00pm **Break**
- 3:00-3:30pm **Better Together: Uniting Local and Statewide Efforts to Save Lives**
Rachelle Burns, MA, Chair, *Florida Suicide Prevention Coalition* and Executive Director, *Esca Rosa Suicide Prevention Coalition*
- 3:30-3:45pm **Closing Remarks**

Meet This Year's Keynote: A Voice That Has Stood at the Edge



2026 KEYNOTE SPEAKER

Sergeant Kevin Briggs

"Guardian of the Golden Gate Bridge" · Ret. California Highway Patrol · International Crisis & Suicide Prevention Speaker

TED Talk: 6M+ Views

200+ Lives Saved

23-Year CHP Career

Amazon Best-Selling Author

AFSP Award Recipient

FBI & Secret Service Trainer

For over two decades, Sergeant Kevin Briggs patrolled the Golden Gate Bridge - one of the most frequently visited sites for suicide in the world. Through compassion, eye contact, and an extraordinary gift for listening, he talked more than 200 people back from the edge. His TED Talk, "The Bridge Between Suicide and Life," has been viewed over six million times worldwide.

200+

LIVES BROUGHT BACK FROM
THE BRIDGE'S RAIL

6M+

TEDTALK VIEWS: "THE BRIDGE
BETWEEN SUICIDE AND LIFE"

23 yrs

CALIFORNIA HIGHWAY
PATROL CAREER

"I know you must be in tremendous pain. If you want to talk, I'm here to listen."
— Kevin Briggs, spoken to a person on the bridge's railing, whose life was saved that day

Today Briggs trains first responders, educators, and community leaders worldwide through **Pivotal Points**, the organization he founded. He is a recipient of the American Foundation for Suicide Prevention's Leadership Award, a trainer for the FBI and Secret Service, and the author of *Guardian of the Golden Gate* - an Amazon bestseller whose story has been optioned by Hollywood.

WHY KEVIN BRIGGS AT THIS SUMMIT?

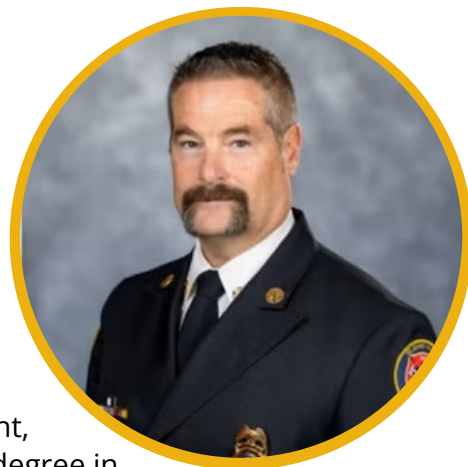
St. Johns County's rapid growth brings new residents who often lack community roots and local support systems - exactly the conditions that elevate crisis risk. Briggs embodies the truth that prevention works and that every person is one caring conversation away from choosing to live.

CHIEF SEAN MCGEE

FIRE CHIEF OF ST. JOHNS COUNTY FIRE RESCUE

On March 19, 2024, the St. Johns County Board of County Commissioners (BOCC) unanimously approved Sean McGee as the new Fire Chief of St. Johns County Fire Rescue. McGee's experience and accomplishments include:

A 25-year member of St. Johns County Fire Rescue. He has served the department in the operational ranks of Firefighter, Engineer, Lieutenant, Captain, and the last 11 years as Battalion Chief. Earning a Bachelor's degree in Public Relations/Communications, and holds an extensive list of fire service and public safety specific certifications. Prior to accepting the role of Acting Fire Chief, he held the rank of Battalion Chief for 11 years in St. Johns County. Participating in major department projects including the New Hire Committee, Aerial Operations Programming, Marine Rescue Program Development, Airport Operations Liaison, and the Aircraft Rescue Firefighting Program. St. Johns County Sheriff Rob Hardwick said, "I'm honored to congratulate Sean McGee on his confirmation as Fire Chief. There is no one more qualified for this position; Chief McGee is a phenomenal man in his professional and personal life, and his continued leadership is great news for St. Johns County Fire Rescue. I look forward to our partnership in public safety."



SHAWNA NOVAK

DEDICATED EXECUTIVE AND COMMUNITY LEADER

With more than 27 years of experience serving children, families, and communities, Ms. Novak is a respected leader in human services. As CEO of the Family Integrity Program and Director of Health and Human Services for St. Johns County, she is dedicated to building stronger communities through collaboration and service.

LANA SAMPLE

STRATEGIC LEADER, SYSTEMS INNOVATOR, & EXPERIENCED PUBLIC HEALTH EXECUTIVE

Lana Sample brings more than 11 years of public health leadership, overseeing programs that improve community health and well-being. Her passion for collaboration and innovation continues to strengthen public health across the communities she serves.





DAVID VITTORIA, LCSW, MCAP, ICADC

**TRAUMA-TRAINED MENTAL HEALTH AND SUBSTANCE
USE DISORDER EXPERT**

With 30 years of clinical experience, Mr. Vittoria is a nationally recognized expert in trauma, behavioral health, addiction recovery, and workplace mental health. His passion for compassionate, patient-centered care and advancing recovery has made him a respected leader, educator, and advocate in the behavioral health field.

CHIEF STEPHANIE WHALEY

DEDICATED FIRE AND EMS LEADER

Stephanie Whaley is the Section Chief of Health and Wellness for St. Johns County Fire Rescue, bringing more than three decades of experience in public safety and emergency services. She began her career with St. Johns County in 1995 after graduating from the First Coast Technical College Public Safety Academy.

Originally from Queens, New York, Stephanie relocated to South Florida with her family as a teenager before ultimately making St. Augustine her home. She earned a Bachelor of Science degree from Flagler College and her Graduate Degree from Barry University. Throughout her career, she has been dedicated to supporting the health, wellness, and resilience of first responders, combining her extensive experience with a passion for serving those who serve their communities.

Stephanie is married to her husband, Todd, a retired firefighter. Together they have two grown children, Evan and Emma. Outside of work, she enjoys hunting for shark teeth along Florida's beaches and cheering on the Florida State Seminoles at football games.





SAMANTHA LAWSON

SR DIR TRAINING INSTITUTE • SAMH - LSF HEALTH SYSTEMS

Samantha Lawson Davis is a seasoned behavioral health leader with more than 20 years of experience in training, workforce development, and organizational leadership. As Senior Director of the International Training Academy of Excellence at LSF Health Systems, she leads the development of evidence-based, trauma-informed training programs that strengthen Florida's behavioral health workforce. She holds advanced degrees in Organizational

Leadership, Industrial Psychology, and Business Administration and is currently pursuing a Doctor of Education at the University of Florida. A certified instructor in crisis intervention, suicide prevention, de-escalation, and Mental Health First Aid, Samantha is recognized for building collaborative training networks, advancing workforce excellence, and improving systems of care through education, innovation, and advocacy.

SHERIFF HARDWICK

SHERIFF, ST. JOHNS COUNTY SHERIFF'S OFFICE

Robert A. Hardwick was elected as the 28th St. Johns County Sheriff in November of 2020 and officially took office on January 5, 2021. Prior to serving as Sheriff, he served as the 11th Chief of Police for the St. Augustine Beach Police Department from 2013-2020. He also served as the Assistant Chief Investigator with the Office of the State Attorney 7th Judicial Circuit from 2008-2013. During his 30 plus year law enforcement career, Sheriff Hardwick also worked at the St. Augustine Police Department, the Flagler County Sheriff's Office and the Florida Department of Corrections.



DR. TRACY HEJMANOWSKI

LICENSED CLINICAL PSYCHOLOGIST AND TRUSTED LEADER IN FIRST RESPONDER WELLNESS

Dr. Tracy Hejmanowski has spent 26 years supporting the mental health and resilience of military personnel and first responders. Her work continues to strengthen those who serve through leadership, education, and behavioral health initiatives.



HARPER SPENCER

SCHOOL SOCIAL WORKER HOPE SQUAD ADVISOR

Nassau County School District:

Harper is a school social worker for the Nassau County School District, also serving as the Hope Squad Advisor at Fernandina Beach High School and as one of the District Threat Management Coordinators and trainer. Harper graduated from Florida State University where she earned her bachelor's degree and master's degree in social work.

PASSION ROBERTS

HOPE SQUAD PEER GRADUATE

Passion is a 2026 graduate of Fernandina Beach High School and will be attending the University of Miami in the fall on the pre-law track with plans to attend the University of Miami School of Law to become an attorney. Passion was on FBHS Hope Squad all four years of high school and served on the Hope Squad National Council her junior/senior year.



RACHELLE BURNS

**CHAMPION FOR SUICIDE PREVENTION VISIONARY
COALITION BUILDER & TRUSTED EXPERT**

For more than 20 years, Rachelle Burns has championed mental health and suicide prevention through collaboration, advocacy, and community leadership. Her work continues to bring hope and lifesaving resources to communities across Northwest Florida.

THANK YOU

TO OUR SPONSORS

LIFELINE SPONSOR



COMMUNITY ADVOCATE



SUPPORTING FRIEND

Lisé Everly



Toula Wootan



H.O.P.E Box is the idea that suicide post-vention care is future suicide prevention care. Someone who loses someone to suicide is at a three times higher likelihood of completing suicide themselves.

We are a 501c3 non-profit that exists to support individuals who have experienced the loss of a loved one to suicide by providing free, personalized care packages filled with emotional, spiritual, and local community resources.

Our goal is to offer comfort, connection, care, and guidance during one of life's most difficult journeys.



H.O.P.E Box was born from the founders personal loss of her mother, father, and cousin to suicide in a 13 month span. In looking for resources after her losses, Jackie Gharring found that suicide prevention resources are easier to find compared to postvention resources. Especially when it came to spiritual questions regarding the topic that the founder had. Thus H.O.P.E Box was born as a resource that is accessible and affordable to help guide others who are ready to step forward into their grief journey.

While we lead with our faith and our deep love for our suicide loss community - recipients do not have to have to share the same faith to find the resources valuable inside the box as there are faith-specific and non faith-specific resources in boxes. We work with local communities to provide our boxes to their clients as we believe it is important to have someone who has experienced first-hand the impact of suicide loss alongside a loss survivor's journey.

PORTICO®

Benefit Services | A Ministry of the ELCA

Portico Benefit Services exists to provide employee benefits that **empower people to live well** so they can make a positive difference in the world **as they serve others.**

**Health
Benefits**

**Life &
Disability
Benefits**

Retirement



Learn more at:

PorticoBenefits.org

ST. AUGUSTINE YOUTH SERVICES



Youth Crisis Support When It Matters Most - St. Augustine Youth Services (SAYS) provides behavioral health services for children, teens, and young adults through residential and community-based programs, including Therapeutic Group Homes, At-Risk Group Homes, Community Action Team (CAT), counseling, care coordination, and Mobile Crisis Team services. When a behavioral health crisis occurs, help is available anytime.

Our 24/7 Mobile Response Team for ages 5-25 can be reached at (904) 770-2260.

What to Expect:

- **Rapid Response** - A licensed mental health professional will arrive on-site within 60 minutes to assess safety concerns and recommend appropriate treatment.
- **Compassionate Aftercare** - A Family Peer Support Specialist will follow up to provide emotional support and guidance.
- **Ongoing Support** - Our team helps connect youth and families with community services, treatment options, and resources that promote long-term stability and well-being.



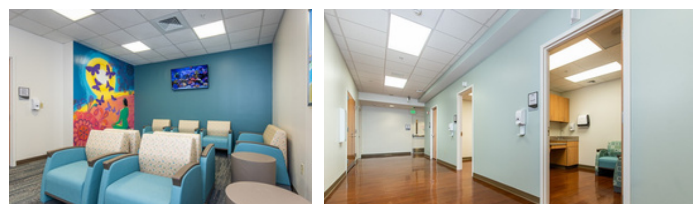
At SAYs, we are committed to helping young people and families find hope, support, and a path forward through compassionate, immediate crisis care.

UF HEALTH BEHAVIORAL HEALTH RESOURCE CENTER

Open seven days a week, 24 hours a day. No appointment needed.

Experiencing an urgent mental or behavioral health crisis can be a frightening and confusing time in someone's life. The UF Health Behavioral Health Resource Center is a supportive, compassionate place for youth and adults to access:

- Mental health crisis assessment
- Brief interventions
- Referral services
- Care coordination
- Help establish a long-term connection with a provider
- A team of professionals from the UF Health Behavioral Health Resource Center works together to give each client the most personalized approach to obtaining mental health services. Our dedicated team guides clients throughout the process to clarify questions, remove barriers and connect clients to social health services, if needed.



SOPHROS RECOVERY

Sophros Recovery is a veteran-owned outpatient addiction treatment provider based in Jacksonville, Florida, offering PHP, IOP, Evening IOP, and OP levels of care, along with a Virtual IOP available to clients throughout the state of Florida. Founded by combat veteran and person in long-term recovery Nick Padlo, Sophros was built on the belief that lasting recovery requires clinical excellence paired with genuine human connection. We treat substance use disorder and co-occurring mental health concerns, including depression, anxiety, trauma, and suicidal ideation, using evidence-based therapies such as CBI, DBI, mindfulness, and trauma-informed care, alongside case management, family involvement, and a strong alumni community.



Suicide prevention is woven directly into our clinical model. Many clients arrive with significant risk factors, and our team is trained to assess, support, and connect clients to the right level of care, whether that means structured outpatient treatment, coordination with higher levels of care, or ongoing therapeutic support after discharge.

For clients and families who need continued support beyond addiction treatment, our affiliated practice, Breakthroughs Counseling, provides individual, couples, adolescent, and family therapy for anyone experiencing depression, anxiety, suicidal ideation, grief, relationship difficulties, or other life challenges. Breakthroughs serves the broader Florida community, not just Sophros alumni. Learn more at www.jaxtherapists.com.

Whether in person in Jacksonville or virtually anywhere in Florida, Sophros Recovery and Breakthroughs Counseling are here to help people and families find hope, structure, and a path forward.

CHARLIE HEALTH



Charlie Health's mission is to end suicide.

Charlie Health provides a comprehensive, virtual Intensive Outpatient Program (IOP) designed for individuals requiring a higher level of mental health care than traditional once-weekly therapy. Serving clients across ages 8 to 64, our evidence-based, data-driven services are tailored to treat complex mental health conditions, trauma, and substance use disorders.

Each participant receives a customized, multi-hour weekly treatment plan delivered entirely via a secure, HIPAA-compliant virtual platform. With no waitlist, this flexible, remote structure allows clients to heal from the comfort of home without putting work, school, or daily life on pause. Due to this, 95% of people who complete Charlie Health do not readmit to a hospital or inpatient facility up to at least 6 months post-discharge. Once discharged, clients see an 88% improvement of severe depression and anxiety.

Our outcomes and impact are incredible. The comprehensive care model uniquely integrates three foundational pillars: personalized individual therapy, family support sessions to strengthen home communication, and curated, expert-led peer group therapy matched carefully by age and shared lived experiences. We are deeply committed to equity and accessibility, ensuring its virtual services are available in every county across Florida, while remaining highly affordable by partnering with commercial and Medicaid insurance plans.

HEALTH TECH CONSULTANTS

Every community faces complex challenges. Strengthening behavioral health, improving healthcare systems, preventing suicide, addressing substance use, and advancing public health require more than good intentions—they require thoughtful leadership, meaningful collaboration, and the ability to turn information into action.

For more than three decades, HealthTech Consultants has helped organizations do just that.

HealthTech partners with public health agencies, healthcare systems, behavioral health providers, educational institutions, and community organizations to design stronger programs, measure meaningful outcomes, and improve services that make a difference in people's lives. Rather than treating evaluation as the final step in a project, HealthTech sees it as an essential part of building programs that learn, adapt, and create lasting impact.

The firm's work spans every stage of program development—from strategic planning and evaluation design to data collection, analysis, reporting, and continuous quality improvement. HealthTech's value goes beyond technical expertise; it lies in connecting people, ideas, data, and systems to create a clear path forward.

HealthTech understands that successful programs are not built by reports alone. They are built through conversations, partnerships, and a deep understanding of the communities they serve. By listening first, asking thoughtful questions, and translating complex information into practical guidance, HealthTech helps organizations make confident decisions that strengthen programs and improve outcomes.

As organizations face growing expectations for accountability, measurable impact, and responsible use of resources, access to information has never been greater. Yet information alone does not solve complex problems. Progress requires experience, context, sound judgment, and trusted partners who help leaders navigate uncertainty while staying focused on what matters most.

HealthTech Consultants is proud to support the Zero Suicide Communities initiative and the organizations committed to creating systems of care that save lives, strengthen communities, and ensure every individual is seen, supported, and given hope. Together, we can build programs that do more than measure success—we can create it.



Every conversation
can make a difference

Strong connections help children thrive.

Every child deserves to feel seen, supported and connected. When families, educators and communities come together, meaningful conversations can make all the difference. Through Common Thread, Wolfson Children's Hospital provides education, resources and connection to support that help build resilience, strengthen youth mental wellness and create opportunities for children to receive support before a crisis occurs.

Explore free resources
to support youth
mental wellness.



Building healthier communities across Florida. We believe the best results come when we work hand-in-hand with you. Optum Behavioral Health is honored to serve individuals, families, children and adolescents throughout Florida. By partnering with providers, community organizations and public agencies, together we are transforming behavioral health care and supporting suicide prevention efforts.

Our core focus areas:

- Whole person care: Since co-morbid conditions can complicate treatment, enhanced care coordination allows behavioral, medical and ancillary providers to easily support members as one team. Clinical assessments, criteria and guidelines help care teams develop shared, equitable and evidence-based treatment plans.
- High-quality treatment: Our goal is to help all members become active participants in their health care. Network providers have access to behavioral health toolkits, assessments, complex case management and targeted programs to help deliver timely, high-quality care for better health outcomes.
- Simplifying administrative tasks: We're committed to delivering a best-in-class experience for both you and your members. One that eases administrative burdens and lessens authorization requirements. After all, your time is best spent doing what you do best – caring for members.
- Building hope, healing and recovery: Better behavioral care starts with listening, caring and acting. It means helping people find care and support – whether they're dealing with everyday life or something more complex – in a way that's easy to understand and access. And it's underscored by treatment plans built on evidence-based resources, tools and services.



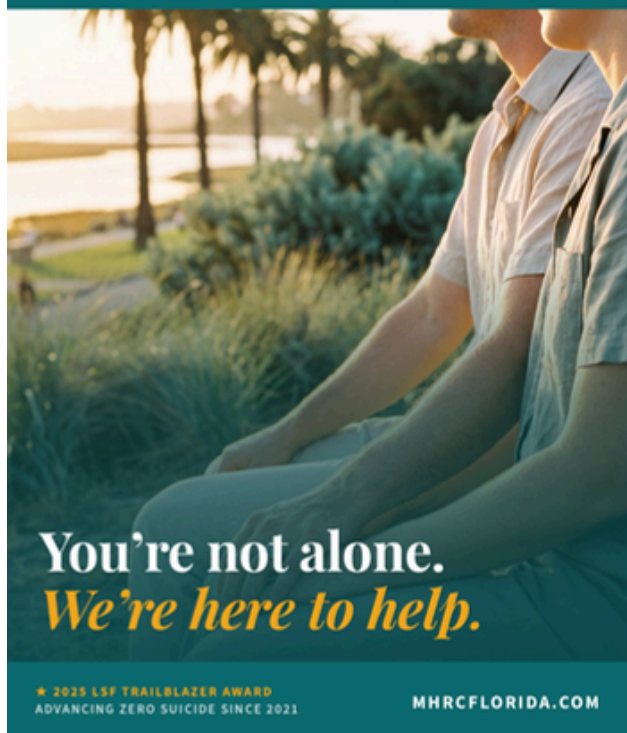
- Mobile Crisis Services
- Intensive Outpatient Programs (IOP)
- Partial Hospitalization Programs (PHP)
- Community Wrap-Around Services
- Peer Support Solutions
- Brief Strategic Family Therapy (BSFT)
- Homebuilders®
- Nurse-Family Partnership®
- Parent-Child Interaction Therapy (PCIT)
- Multisystemic Therapy (MST)
- Functional Family Therapy (FFT)

Join us — Together, we can save lives. We're looking for behavioral health providers like you in Florida – providers who share our commitment to expanding access to proven interventions and to creating pathways to resilience, recovery and long-term wellness.

Interested? Email us at care.coordination@optum.com to start a conversation. (Please include FL in the subject line.)



PROUD SPONSOR - 2026
Zero Suicide Summit — St. Johns County



**You're not alone.
We're here to help.**

★ 2025 LSF TRAILBLAZER AWARD
ADVANCING ZERO SUICIDE SINCE 2021

MHRCFLORIDA.COM

COMPREHENSIVE SERVICES CENTERS • JACKSONVILLE

Compassionate care, when you need it most.

Nonprofit behavioral health care since 1977 • All programs accredited by The Joint Commission

SERVICES OFFERED

- 24/7 Emergency Mental Health Services
- Screening, Assessment & Therapy
- Care Coordination & Case Management
- Multidisciplinary Forensic Team (MFT)
- Link to Life Suicide Prevention
- Inpatient Treatment — Adults & Youth
- Psychiatry & Medication Management
- Florida Assertive Community Treatment
- Co-Responder & In-Jail Services
- Community Resource & Benefit Assistance

HOURS	Monday – Friday, 8:00 AM – 4:30 PM
ACCESS	Walk-ins welcome • Most insurance, Medicaid & Medicare accepted Sliding-scale fees available
LINK TO LIFE	Suicide-prevention referrals accepted 24/7

MHRC NORTH CSC
(904) 695-9145
3333 W. 20th Street
Jacksonville, FL 32254

MHRC SOUTH CSC
(904) 642-9100
11820 Beach Boulevard
Jacksonville, FL 32246

988

In a crisis? Call, text, or chat **988** — the Suicide & Crisis Lifeline is free, confidential, and available 24/7.

SPONSORED BY





EVERY LIFE MATTERS.
EVERY SECTOR HAS A ROLE.
JOIN THE MOVEMENT
FOR ZERO SUICIDE.

LSF Health Systems is launching Zero Suicide Communities, **an initiative to help prevent suicide.**

Zero Suicide is an aspirational, but essential goal.

By learning the warning signs, reaching out to those we see struggling and making a few changes in the workplace, **we can prevent suicide.**

WILL YOU TAKE THE
PLEDGE?

SCAN
HERE OR
VISIT



WWW.ZEROSUICIDECOMMUNITIES.ORG